

METHUEN YOUTH BASKETBALL
IN-HOUSE
RULES AND REGULATIONS
Updated 07/23/2016

SECTION 1: ELIGIBILITY

- 1.1 Participants must have completed the Methuen Youth Basketball registration process.
- 1.2 A player must be a resident of Methuen or attend a Methuen based school, or previously played in MYBA, registered in grades 3 through 8 or 9-12 for the high school girl's division.

SECTION 2: TEAM MEMBERSHIP

- 2.1 Team selection is to be determined by player evaluation.
- 2.2 Siblings of the same age will be placed on the same team if requested.
- 2.3 A player can not be moved from a team after the first practice.
- 2.4 A player can only play on one team including in-house and travel.
- 2.5 Players may play on a tournament team that is selected during the season. However, the in-house team takes precedence over the tournament team if there is a conflict with practice or games.
- 2.6 Only head coaches should be present at and may participate in the draft. If a coach wants a specific assistant coach, he must select that person's child before another team does. The director can make exceptions to this rule when needed, for instance when two high school students are coaching a team. Or an adult with no child player.

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SECTION 3: LEAGUE RULES

- 3.1 The division directors shall be responsible for and shall rule on any matter that is not clearly covered under either the MYBA in-house league rules or the division specific rules. The director will interpret the rules. The director should report any rulings or decisions that are made to the league vice president.
- 3.2 The approved rules of the National Collegiate Athletic Association (N.C.A.A.) shall apply with the noted exceptions of the league division rules.
- 3.3 Only TWO coaches per team will be allowed on the bench at game time.
- 3.4 Only ONE coach may be standing during play.
- 3.5 Intentional flagrant fouls will result in the suspension of that player for the remainder of that game. A technical foul will also be awarded.
- 3.6 5 (five) fouls on a player will result in disqualification from that game.
7(seven) team fouls in a half will result in a 1 and 1 shooting situation.
10(ten) team fouls will result in 2 shots.
- 3.7A Games will last 8 three minute periods - stop time. Individual divisions can modify game times based on enrollments.
- 3.7B If the score is tied at the end of regulation there will be an overtime period of 2 (two) minutes stop time. Each team will be allotted 1 (one) time out for the overtime period. No time outs can be carried over from regulation or from a previous overtime.
- 3.7C Substitutions will only be allowed at the end of each 3-minute period. Substitutes should be prepared and ready to check in. An exception will be made in the event of an injury or player disqualification. Substitutions should occur in a timely manor or the referees may assess a technical foul on the team. In regard to an injury or player disqualification, the coach may choose a player of equal talent as a replacement only once per game. If there is less than 1:30 in the period, the player will not be charged with playing time.

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- 3.8A Each player in the 3-8 grade divisions should receive approximately the same amount of playing time in a game. The specific amount of playing time is determined by the number of players present at each game. In any situation, the difference in playing time between all players on a team, there should be no more than one period. . Overtime resets playing time rules. A player arriving late should play in no more than half of the remaining periods. A player does not have to be entered into a game if he/she arrives after the start of the 7th period.
- 3.8B A minimum of 5 players is required to start a game. All players and coaches are required to be ready to play at the schedule start time of the game. If a game starts more than two minutes after the schedule start time, the director may shorten periods and/or half time to get the program back on schedule.
- 3.9A Each team is allowed 2 (two) time outs per half, which cannot be carried over into the second half of the game.
- 3.9B Time outs may be called during play by the team who has possession of the ball or by either team if there is a dead ball situation. Coaches/players may call time.
- 3.10 The division director shall be responsible for establishing defensive rules for their respective divisions. Copies of division rules will be provided to the coaches.

SECTION 4: OFFICIALS/PROTESTS/ELIGIBILITY

- 4.1 The division director will be responsible for keeping league standings where applicable.
- 4.2 Patched officials will be assigned to all 5 grade and up games by the referee assignor who has been selected by the board. Referees for 3rd/4th grade games will be assigned by the division directors and will consist of high school age students.
- 4.2A High school aged coaches and officials are considered youth members of MYBA and will be protected like any other youth member of our organization. MYBA will enforce a NO-TOLERANCE Policy protecting our youth members. Parents, coaches, or any other adult, who verbally abuses any youth member will be

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- ejected from the building and face permanent exclusion from our program.
- 4.3 The official score is determined by what has been entered on the scorer's sheet. The score board and coaches records do not supersede the scorer's sheet.
 - 4.4 The referee's call is final. A coach may calmly discuss a call after the period has ended. Discussion should be limited to asking for clarification of a call. Arguing or repeated discussions with the referee over calls may lead to disciplinary action from the director and/or the league.
 - 4.5 Coaches, players and parents must read and follow the codes of conduct. Remember that this is an instructional league and is supposed to be fun.
 - 4.6 Protests and appeals to any rule or ruling should be submitted to the Program Director. If the issue involved the Program Director, the appeal can be brought to the Vice President.

5th/6th grade

Isolation plays are not acceptable to use, i.e. taking your best player put him at half court and stick the other 4 players in the corner. Setting picks, screens, passing and cutting are some of the things you should be teaching. Keep everyone involved.

Double teaming is only allowed in the bucket. I call this help defense. The last 2 minutes of the game if you are pressing double teaming is allowed. I realize it is could be helter-skelter but we are trying to show them to pass the ball and not always dribble.

We only play 8 periods 3 minutes stop time, not the 10 you had in 4th grade. Some coaches got confused at the beginning last year but they did adjust.

7th/8th grade

Pressing at the beginning of the 7th period and continuing in the 8th is allowed. The threshold is still 10 points. If you are winning by more than 10 half court defense is enforced.