**MYBA**

**Playing Time and Rule Changes 7th and 8th Grade Program**

**Revised 12/10/2018**

**Effective 01/05/2019**

**1.0** Each game will be two (2) fourteen (14) minute halves (stop time). Each half will comprise of Four (4) Three (3) minutes 30 seconds “playing periods”. At the three (3) minute 30 second mark of each “playing period” or closest dead ball time to that mark, incoming players will check in with the official scorer.

**1.1** All players must appear in each half of the game. No player shall play more than 1 “play period” more than any other teammate. Before the start of the second (2nd) half both coaches and the official scorekeeper must review the score sheet to determine if there any discrepancies in play periods.

**1.2** Substitutions will be made at the end of each “play period” and at the end of each quarter. Other than an injury or disqualification this is only the time substitutions are allowed. As long as an injured player returns to the game on the next stoppage of play, then their substitute will not be charged a full play period if two (2) minutes or more remain.

**1.3** Any entry of a player into a “play period” with two (2) minutes or more shall constitute a full “play period” for that player

**1.4** First four (4) playing periods will be man to man half court defense. No double teaming and help defense is allowed only in the paint. The first seven minutes (5th and 6th) of the second half any half court defense allowed. The last 7 minutes of the game (7th) and (8h) playing periods any defense allowed. Pressing will be allowed the last seven (7) minutes remaining in the game as long as it is a 10 point threshold.