**MYBA 3rd and 4th Grade Boys/Girls (Updated 12/04/2023)**

# Time

Games consist of two halves each with four three-minute stop time periods.

Each team has two time outs per half. There is no carry over of time outs.

Overtime is one two-minute period.

# Spectators. We request Parents/Siblings NOT to sit behind the Player’s benches during the Games. Your child should be focusing on the game and the coach’s instructions.

# Participation

All players must play an equal number of three-minute periods or no more than one less period than any teammate.

Examples:

7 players 2 players play 5 periods and 5 play 6.

8 players each player plays 5 periods.

9 players 5 players play 4 periods and 4 players play 5.

10 players each player plays 4 periods.

11 players 7 players play 4 periods and 4 players play 3.

12 players 8 players play 3 periods and 4 players play 4.

Substitution is only allowed between 3-minute periods except for injury or foul out. Substitution is then to be a player of equal talent. The player leaving the game for injury or foul out if it is greater than 1:30 of the period is credited with the period not the entering player. If it is less than 1:30 player entering is credited with the playing time.

Overtime (2 minutes) resets playing time rules. In any situation, the Difference in playing time between all players on a team should be no more than one period.

**Defense**

Half Court man to man defense is allowed.

There is no zone defense, trap or double team allowed in the first 7 periods.

Full court man to man is allowed in the last three (3) minutes of the last period (8th) or the two (2) minutes of overtime. Double teaming is allowed in the 8th period and/or overtime.

11 Points or more NO PRESSING or DOUBLE TEAMING.

If the man you are covering is not in “the paint” you must be out of “the paint”.

“Help” Defense is allowed when a player enters “the paint”.

**Definition of man to man defense:**

(A) Defender must cover his/her player by keeping within 3 feet of the player

being covered. Defenders must pick up his/her player within 3 feet beginning

at the free throw line extended.

(B) A defender does not have to chase out beyond the free throw line extended

but must stay between his/her player and the basket.

(C) If a defender switches to cover another player the defender who was covering

that player must also switch to cover the open player.

(D) Double teaming is only allowed in the paint where a defender can leave his/her

player and "help out" to stop a threat. Once the offensive player moves out of the key

the defender must pick up his/her player again.

**Coaches**

Only TWO coaches per team allowed on the bench at game time

Only ONE coach may be standing during play

**SPORTSMANSHIP RULE**

Upon conclusion of the game as a sign of sportsmanship players will line up and congratulate each other. as well as the officials.  While we are aware of concerns of the environment and player safety MYBA will implement the following.  This will be a player's option:  **(1)**. Handshakes, (**2**) Fist Pump or High Five  **(3)** Statement to player "good game"

If a player does not participate a decrease in 1 period for the next game will occur.

**TECHNICAL FOULS**

If a player receives a Technical foul for inappropriate behavior and/or a deliberate aggressive foul (intent to injure) that person will be suspended for the first half of the next scheduled game. Depending on the intent to injure foul the player can be removed for the balance of the game. A second offense would result in suspension of one game. A third offense will result in being removed from the game and that individual would not be able to participate in any MYBA events (practice and games) until a disciplinary meeting is held with MYBA executive Board and a resolution is granted.

If a player is ejected from the game that person will be removed from the premise (school) and will be suspended for the next scheduled game. A second occurrence would result in the individual not being able to participate in MYBA events (practices and games) until a disciplinarian meeting is held with MYBA Executive Board and a resolution is granted.

**COACHES**

Setting your offense for Isolation plays is not acceptable to use, i.e. taking your best player put him/her at half court and place the other 4 players in the corner. Setting picks, screens, passing ands cutting are some of the things you should be teaching. Keep everyone involved. Continuous and purposely violating this rule will result in Technical Fouls and loss of possession being assessed to the team.

Double teaming is only allowed in the paint I call this help defense. The last 3minutes of the game if you are pressing double teaming is allowed. We realize it could be “helter skelter” but we are trying to show them to pass the ball and not always dribble

When a player pushes an opposing player in the back on a layup, either in a breakaway or a regular shot scenario, you can make the decision to sit that player down for the balance of the period. At the most you should pull the player aside and talk to him/her about their actions. We do not want to have a player hurt during this situation. It probably isn’t intentional and maybe done out of frustration but we must condone this type of behavior. A foul should be called but it is up to the discretion of the official.