**7th/8th Grade In House Rules (Updated 12/15/2017)**

1. No jewelry or earrings of any kind is allowed to be worn by the players. No band aids/tape is allowed to cover up the earrings. Safety comes first.

2. Man to Man Defense required. No double teaming and trapping allowed for the first 6 periods. Help defense in the paint is allowed all periods. Coaches choice as to what type of defense your team can play the last 2 periods.

**Definition of man to man defense:**

(A) Defender must cover his/her player by keeping within 3 feet of the player

being covered. Defenders must pick up his/her player within 3 feet beginning

at the free throw line extended.

(B) A defender does not have to chase out beyond the free throw line extended

but must stay between his/her player and the basket.

(C) If a defender switches to cover another player the defender who was covering that player must also switch to cover the open player.

(D) Double teaming is only allowed in the key where a defender can leave his/her player and "help out" to stop a threat. Once the player moves out of the key the defender must pick up his/her player again.

3. Missed shot or a made basket, once possession determined, players return

to half court to pick up their player. This will be for periods 1 thru 6.

4 Full Court press will be allowed in periods 7 and 8 periods as long as the score is 10 points and under.

5 Three point shots will be scored when playing on a court that has the line.

6 Two time outs a half. They do not carry over. If overtime occurs two minutes is played and one time out is allowed.

7 Process Stoppage Foul. Rule is: Defensive player intentionally stopping progress of the ball in the backcourt for the offensive team. Team is allowed 2 warnings by officials per game. 3rd time results in Technical Foul.

8. Only TWO Coaches allowed on Bench unless approved by Coordinator.

9. Only ONE coach may be standing during play.

10. On Foul Shots Shooter needs to wait until basketball hits the rim ( along with players not lined up for rebound)

Players lined up for rebound can go in for rebound on RELEASE.

**MYBA (Addendum)**

**SPORTSMANSHIP RULE**

If a player does not engage in the game ending handshakes as part of sportsmanship with the opposing team that individual will be subject to a decrease in play of one period at the next scheduled game. A second offense during the season of this nature will result in a suspension of one game.

**TECHNICAL FOULS**

If a player receives a Technical foul for inappropriate behavior and/or a deliberate aggressive foul (intent to injure) that person will be suspended for the balance of the game and will be suspended for the first half of the next scheduled game. A second offense would result in suspension of one game. A third offense will result in being removed from the game and that individual would not be able to participate in any MYBA events (practice and games) until a disciplinary meeting is held with MYBA executive Board and a resolution is granted.

If a player is ejected from the game that person will be removed from the premise (school) and will be suspended for the next scheduled game. A second occurrence would result in the individual not being able to participate in MYBA events (practices and games) until a disciplinarian meeting is held with MYBA Executive Board and a resolution is granted.